



TRAINING SCHEDULE

Sunday, 04 November 2018

TRA Trampoline				
Time		Warm up area	Competition Hall	Training Hall
09.15	10.00	Group 1		
10.00	10.45	Group 2	Group 1	Group 6
10.45	11.30	Group 3	Group 2	Group 7
11.30	12.15	Group 4	Group 3	Group 8
12.15	13.00	Group 5	Group 4	Group 9
13.00	13.45	Group 6	Group 5	Group 10
13.45	14.30	Group 7	Group 6	Group 11
14.30	15.15	Group 8	Group 7	Group 12
15.15	16.00	Group 9	Group 8	Group 1
16.00	16.45	Group 10	Group 9	Group 2
16.45	17.30	Group 11	Group 10	Group 3
17.30	18.15	Group 12	Group 11	Group 4
18.15	19.00		Group 12	Group 5
19.00	19.45			Group 6

TUM Tumbling				
Time		Warm up area	Competition Hall	Training Hall
10.00	10.45	Group 1		
10.45	11.30	Group 2	Group 1	Open Training
11.30	12.15	Group 3	Group 2	
12.15	13.00	Group 4	Group 3	
13.00	13.45	Group 5	Group 4	
13.45	14.30	Group 6	Group 5	
14.30	15.15	Group 7	Group 6	
15.15	16.00	Group 8	Group 7	
16.00	16.45	Group 9	Group 8	
16.45	17.30	Group 10	Group 9	
17.30	18.15		Group 10	

DMT Double Mini-Trampoline				
Time		Warm up area	Competition Hall	Training Hall
10.45	11.30	Group 1		Open Training
11.30	12.15	Group 2	Group 1	
12.15	13.00	Group 3	Group 2	
13.00	13.45	Group 4	Group 3	
13.45	14.30	Group 5	Group 4	
14.30	15.15	Group 6	Group 5	
15.15	16.00	Group 7	Group 6	
16.00	16.45	Group 8	Group 7	
16.45	17.30		Group 8	
17.30	18.15			

Appendix 6b



TRAINING SCHEDULE

Monday, 05 November 2018

TRA Trampoline				
Time		Warm up area	Competition Hall	Training Hall
08.30	09.15			
09.15	10.00	Group 7		
10.00	10.45	Group 8	Group 7	Group 1
10.45	11.30	Group 9	Group 8	Group 2
11.30	12.15	Group 10	Group 9	Group 3
12.15	13.00	Group 11	Group 10	Group 4
13.00	13.45	Group 12	Group 11	Group 5
13.45	14.30	Group 1	Group 12	Group 6
14.30	15.15	Group 2	Group 1	Group 12
15.15	16.00	Group 3	Group 2	Group 7
16.00	16.45	Group 4	Group 3	Group 8
16.45	17.30	Group 5	Group 4	Group 9
17.30	18.15	Group 6	Group 5	Group 10
18.15	19.00		Group 6	Group 11
19.00	19.45			Group 12

TUM Tumbling				
Time		Warm up area	Competition Hall	Training Hall
10.00	10.45	Group 6		
10.45	11.30	Group 7	Group 6	Open Training
11.30	12.15	Group 8	Group 7	
12.15	13.00	Group 9	Group 8	
13.00	13.45	Group 10	Group 9	
13.45	14.30	Group 1	Group 10	
14.30	15.15	Group 2	Group 1	
15.15	16.00	Group 3	Group 2	
16.00	16.45	Group 4	Group 3	
16.45	17.30	Group 5	Group 4	
17.30	18.15		Group 5	

DMT Double Mini-Trampoline				
Time		Warm up area	Competition Hall	Training Hall
10.45	11.30	Group 5		Open Training
11.30	12.15	Group 6	Group 5	
12.15	13.00	Group 7	Group 6	
13.00	13.45	Group 8	Group 7	
13.45	14.30	Group 1	Group 8	
14.30	15.15	Group 2	Group 1	
15.15	16.00	Group 3	Group 2	
16.00	16.45	Group 4	Group 3	
16.45	17.30		Group 4	
17.30	18.15			

Appendix 6b



TRAINING SCHEDULE

Tuesday, 06 November 2018

TRA Trampoline				
Time		Warm up area	Competition Hall	Training Hall
09.15	10.00	Group 1		
10.00	10.45	Group 2	Group 1	Group 6
10.45	11.30	Group 3	Group 2	Group 7
11.30	12.15	Group 4	Group 3	Group 8
12.15	13.00	Group 5	Group 4	Group 9
13.00	13.45	Group 6	Group 5	Group 10
13.45	14.30	Group 7	Group 6	Group 11
14.30	15.15	Group 8	Group 7	Group 12
15.15	16.00	Group 9	Group 8	Group 1
16.00	16.45	Group 10	Group 9	Group 2
16.45	17.30	Group 11	Group 10	Group 3
17.30	18.15	Group 12	Group 11	Group 4
18.15	19.00		Group 12	Group 5
19.00	19.45			Group 6

TUM Tumbling				
Time		Warm up area	Competition Hall	Training Hall
10.00	10.45	Group 1		
10.45	11.30	Group 2	Group 1	Open Training
11.30	12.15	Group 3	Group 2	
12.15	13.00	Group 4	Group 3	
13.00	13.45	Group 5	Group 4	
13.45	14.30	Group 6	Group 5	
14.30	15.15	Group 7	Group 6	
15.15	16.00	Group 8	Group 7	
16.00	16.45	Group 9	Group 8	
16.45	17.30	Group 10	Group 9	
17.30	18.15		Group 10	

DMT Double Mini-Trampoline				
Time		Warm up area	Competition Hall	Training Hall
10.45	11.30	Group 1		Open Training
11.30	12.15	Group 2	Group 1	
12.15	13.00	Group 3	Group 2	
13.00	13.45	Group 4	Group 3	
13.45	14.30	Group 5	Group 4	
14.30	15.15	Group 6	Group 5	
15.15	16.00	Group 7	Group 6	
16.00	16.45	Group 8	Group 7	
16.45	17.30		Group 8	
17.30	18.15			

Appendix 6b



TRAINING SCHEDULE

Wednesday, 07 November 2017 - Thursday, 08 November 2018

TRA Trampoline			
Time	Warm up area	Competition Hall	Training Hall
	Warm-up as per competition schedule	COMPETITION	Free Training

TUM Tumbling			
Time	Warm up area	Competition Hall	Training Hall
	Warm-up as per competition schedule	COMPETITION	Free Training

DMT Double Mini-Trampoline			
Time	Warm up area	Competition Hall	Training Hall
	Warm-up as per competition schedule	COMPETITION	Free Training

Appendix 6b

